



## A case of hypothyroid puzzle

Sonam Tshering<sup>1</sup>, Sangay Phuntsho<sup>2</sup>, Choni Wangmo<sup>2</sup>, Hadi Hussain<sup>1</sup>, Hossameldien Fayed<sup>1</sup>, Ma Joannes Paola Arugay Comia<sup>1</sup>, Taofeek Ojewuyi<sup>1</sup> and Animesh Gupta<sup>1</sup>

<sup>1</sup>Southend University Hospital, UK

<sup>2</sup>Phuentsholing District hospital, Bhutan

### Abstract

The most common cause of failure of thyroid replacement therapy is poor patient compliance. However, causes of malabsorption should be kept in mind. We report a case of a young male who had congenital hypothyroidism since infancy with difficulty achieving euthyroid state despite being on an exceedingly high levothyroxine dose.

**Keywords:** Hypothyroidism, Malabsorption, Non-adherence, Levothyroxine, DOT (Directly observed Therapy).

### Biography

Dr. Sonam Tshering has completed Bachelor of Medicine and Surgery from Sylhet Osmani Medical College, Bangladesh. Born in Bhutan, a tiny country, he obtained distinction in undergraduate studies in Bhutan and obtained scholarship to pursue MBBS in Bangladesh.

He has successfully completed MRCP (UK) and currently in year 3, Internal Medicine Trainee in Southend University Hospital, UK. He has few publications in his name including a case of camouflaged insulinoma and diazoxide quandary, a case of spontaneous pneumomediastinum in covid 19 patients and listed in some other publications with a different author.



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