

Editorial

The health care of geriatric nursing

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EDITORIAL NOTE

Geriatrics, or geriatric medication, is a forte that spotlights on medical services of older individuals. It means to advance wellbeing by forestalling and treating illnesses and handicaps in more seasoned grown-ups. There is no set age at which patients might be under the consideration of a geriatrician, or geriatric doctor, a doctor who has some expertise in the consideration of older individuals. Maybe, this choice is controlled by the individual patient's necessities, and the accessibility of a trained professional. It is critical to take note of the contrast between geriatrics, the consideration of matured individuals, and gerontology, which is simply the investigation of the maturing interaction. The term geriatrics comes from the Greek γέρων *geron* signifying "elderly person", and ιατρός *iatros* signifying "healer". Be that as it may, geriatrics is some of the time called clinical gerontology.

Geriatrics varies from standard grown-up medication since it centers around the extraordinary necessities of the old individual. The matured body is distinctive physiologically from the more youthful grown-up body, and during advanced age, the decrease of different organ frameworks gets show. Past medical problems and way of life decisions produce an alternate group of stars of illnesses and manifestations in various individuals. The presence of side effects relies upon the leftover sound stores in the organs. Smokers, for instance, devour their respiratory framework hold early and quickly.

Geriatricians recognize sicknesses and the impacts of ordinary maturing. For instance, renal hindrance might be a piece of maturing, however kidney disappointment and urinary incontinence are not. Geriatricians expect to treat sicknesses that are available and accomplish sound maturing. Geriatricians

center around accomplishing the patient's most noteworthy needs with regards to various persistent conditions, and on protecting capacity.

The decrease in physiological hold in organs causes the older to foster a few sorts of infections and have more complexities from less than overwhelming issues (like parchedness from a gentle gastroenteritis). Various issues may compound: A gentle fever in older people may create turmoil, which may prompt a fall and to a break of the neck of the femur ("broken hip").

Older individuals require explicit consideration regarding prescriptions. Older individuals especially are exposed to polypharmacy (taking various drugs). Some older individuals have various clinical issues; some have self-endorsed numerous home grown meds and over-the-counter medications. This polypharmacy may build the danger of medication connections or unfriendly medication responses. In one examination, it was tracked down that remedy and nonprescription prescriptions were generally utilized together among more established grown-ups, with almost 1 out of 25 people conceivably in danger for a significant medication drug interaction.[5] Drugs metabolites are discharged for the most part by the kidneys or the liver, which might be hindered in the older, requiring medicine change.

The introduction of infection in old people might be obscure and vague, or it might incorporate daze or falls. (Pneumonia, for instance, may give second rate fever and disarray, as opposed to the high fever and hack seen in more youthful individuals.) Some older individuals may think that its difficult to portray their manifestations in words, particularly if the sickness is creating turmoil, or on the off chance that they have intellectual debilitation. Daze in the older might be brought about by a minor issue like clogging or by something as genuine and hazardous as a respiratory failure. A significant number of these issues are treatable, if the main driver can be found.

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